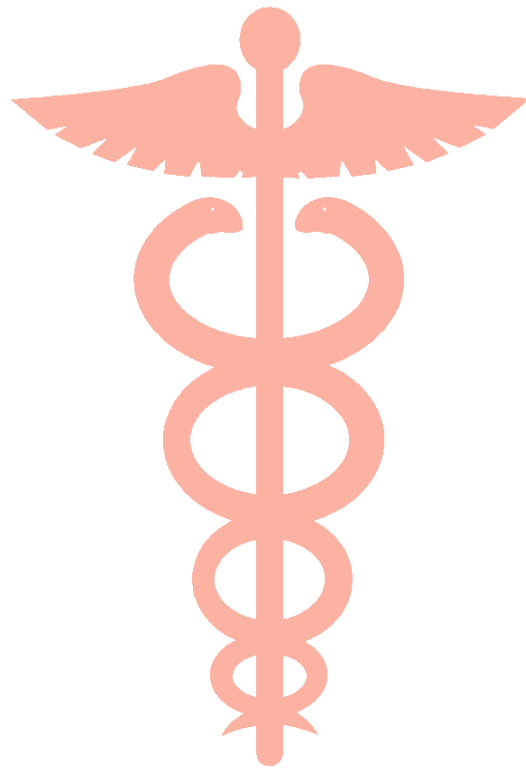


Avenue Healthcare's



ABC Maternity Information Booklet

2017

The Avenue ABC Maternity Package

A new baby can be costly for anyone living in Nairobi. Though you may plan for expected costs, the unexpected can, and often does, occur. The most common of these is an emergency caesarian section, which can cost anywhere from Kshs.150,000/= to Kshs.300,000/= at a private hospital.

The Avenue ABC Maternity Package takes some of the risk out of having a baby. Along with other benefits of the ABC Package, vacuum delivery, difficult deliveries requiring a specialist, and emergency caesarian sections are fully covered.

A is for Antenatal Care

Avenue Healthcare doctors will take you through your pregnancy safely, allowing as many visits to the AHC antenatal clinic as you want or need.

Included in the package are:

- ◆ Unlimited visits to the AHC Antenatal Clinic
- ◆ Antenatal Profile
- ◆ One Obstetric Scan
- ◆ One referral to the AHC Obstetrician for a specialist assessment
- ◆ Multivitamins and Ferrous Sulphate Tabs
- ◆ Advice on diet and exercise during pregnancy and regular monitoring help ensure mother and baby remain healthy and problems are prevented. And for extra reassurance, you may telephone an AHC doctor any time during your pregnancy, 24 hours a day.

B is for Birth

When you are ready to deliver, you will receive guaranteed admission to the Avenue Hospital Maternity Ward, where, after an assessment by the Avenue Healthcare OPD Doctor, our team of experienced midwives will deliver your baby or call for expert assistance from our panel of highly qualified obstetricians in case of complications.

If an emergency caesarian is required, or if an obstetrician is needed for any reason, the costs are fully catered for under the ABC Package. That includes caesarian-related obstetrician bills, anaesthetist and paediatrician charges, drugs, theatre costs, bed and nursery charges for as long as you and Baby need to stay.

Discharge drugs and a follow up visit to remove stitches or just for check up are also included.

C is for Child Care

During Baby' first year, all visits to the Avenue Hospital Well Baby Clinic are free of charge, and include vaccinations according to the KEPI regime. (These are BCG, Oral Polio, Measles, Diphtheria, Pertussis and Tetanus.) Other vaccinations are available at a 20% discount to all ABC Package Babies up to the age of 5 years.

The ABC Package Price

The total cost of the Avenue ABC Maternity Package, including unlimited visits to the AHC Antenatal Clinic, antenatal profile, obstetric scan, one obstetrician visit, multivitamins and ferrous sulphate, delivery, whether normal, vacuum, or by caesarian section, a follow up postnatal visit, Well Baby Clinic for a year and KEPI vaccines for the baby is **Kshs.130,000 /=-**

ABC Payment Plan

To make costs of your new baby easier to handle, you may pay in three easy installments:

1st Installment, Kshs. 50,000/= On Enrollment

2nd Installment, Kshs. 50,000/= At 28 Weeks

3rd Installment, Kshs. 30,000/= At 32 Weeks

Service Guarantee and Refund Schedule

In the event you are unhappy with Avenue Healthcare's services, decide you don't want the ABC package at any time before delivery, or for any reason deliver at another hospital, a refund will be given of the full amount paid less 3,000/= cancellation fee and charges for all services you have used, according to the following schedule:

Antenatal Clinic Consultation:	Kshs.1,500/= per visit
Obstetrician Consultation:	Kshs.2,200/= per visit
Obstetric Scan:	Kshs.2,500/= each
Antenatal Profile	Kshs.7,750/= for Urinalysis, Blood Group, Haemogram, HIV, VDRL and Hepatitis
Well Baby Clinic:	Kshs.700/= per visit at Avenue Hospital
Executive Well Baby Clinic	Kshs.1,500/= per visit to Lifestyle Clinic

Please note that the above rates are subject to change

Eligibility

Any Mother-to-Be who is between the ages of 18 and 40 years, has not had a previous caesarian section, does not have a chronic medical condition (such as diabetes, hypertension, etc), any known high risk condition, or HIV/AIDS may enroll in the Avenue ABC Maternity Package.

Please see your Avenue Healthcare Doctor for more information if you would like to enroll.

What is NOT INCLUDED in the Avenue Maternity Packages

- ◆ Antenatal care anywhere other than at an Avenue Healthcare Clinic.
- ◆ Delivery or treatment at any facility other than Avenue Hospital.
- ◆ Obstetrician Fees if not referred by AHC Doctors.
- ◆ Treatment of illness during pregnancy.
- ◆ Nutritional Supplements during pregnancy other than those specifically mentioned.
- ◆ Drugs, specialists, incubator care, treatment of prematurity, congenital diseases / conditions,
- ◆ Respiratory distress or any other illness in neonates.
- ◆ Illness in babies after discharge.
- ◆ Vaccines not included in the KEPI regime.

Avenue Healthcare

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Avenue Healthcare

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-: Or Contact any of the Branch Managers at any Avenue Healthcare Clinic.